



## THE COTTAGE

Offering a new approach to Long Term Care for the Upper Cumberland area **The Cottage** provides intermediate care with private rooms and spacious indoor and outdoor living areas. The pace is more like home with daily activities that are designed to match the residents' interests. Awake to the smell of morning coffee and breakfast being prepared as you start your day at the Cottage.



Visiting areas include comfortable lounge areas, sunrooms, front porch with a relaxing view of our pond and fountain.



## 24-Hour Skilled Nursing Care and Rehabilitative Services

The Legacy House at OCHRC provides 24-hour skilled nursing care including:

- Certified wound care nursing
- Therapeutic Recreation
- In- House Physician's Assistant
- Psychiatric Services
- Respite Care
- On Site X-Ray, Dental, Podiatry, and Optometry
- Physical Therapy, Speech Therapy, Occupational Therapy

# Helping you prepare for your return home.



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**“The ultimate goal of a OCHRC is to help patients recover and be able to return to functioning as independently as possible in their homes.”**

~ Scott Stevens



**For individuals looking for rehabilitation options for themselves or a loved one following a certain medical event we invite you to visit our new Rehab Center that opened in 2022.**

The **NEW** Rehab Center at OCHRC provides spacious and private suites for our patients stay with comfortable living and dining areas that are welcoming and relaxing.

Patients come to OCHRC to **receive acute care** that includes physical therapy, occupational therapy, speech therapy, and related treatments that focus on helping patients rebuild functional and cognitive skills following events like stroke, spinal cord injuries, brain injuries, hip replacements, or similar conditions.

Patients can also **receive social worker assistance** as you are preparing to return home.

Patients will **receive targeted therapy** at least 5 days a week in order to facilitate a quick and efficient recovery process.

**Pay Sources:**

- VA Benefits
- TN Care
- Medicare
- Private pay and insurance

